

Survey for “*Perspectives on Borderline Personality Disorder in Pakistan: A Clinician Survey and a Short Explanatory Model Interview (SEMI) of Patients*”

This survey will also be available in Urdu for participants.

Age: __

Gender

- Male
- Female

Estimated number of BPD patients cared for in the past year

- 0-2
- 3-9
- 10-24
- >25

Years in mental health

- 0-4 years
- 5-10 years
- 11-19 years
- >20 years

Primary Work setting

- Academic Hospital Inpatient Setting
- Academic Hospital Outpatient Setting
- Community Inpatient Setting
- Community Outpatient Setting
- Other: _____

Work Location

- Karachi
- Lahore
- Peshawar
- Rawalpindi
- Multan
- Quetta
- Hyderabad
- Other: _____

Occupation

- Psychiatry resident
- Psychiatrist
- Social work
- Staff nurse
- Psychologist
- Other: _____

Please rate how much you agree or disagree with the following statements.

1. If I had a choice, I would prefer to avoid caring for a BPD patient.

Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree

2. I feel professionally competent to care for BPD patients.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
3. BPD patients intentionally manipulate others.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
4. Providing care to a patient with BPD is highly satisfying.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
5. It is easy for me to stereotype patients with BPD.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
6. I dislike BPD patients.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
7. BPD is an illness that causes symptoms that are distressing to the BPD individual.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
8. Most staff currently lack the expertise to adequately care for BPD patients.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
9. I believe the BPD patient has low self-esteem.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
10. Some medications are very effective in helping patients with BPD.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
11. I feel I can make a positive difference in the lives of BPD patients.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
12. The prognosis for BPD treatment is hopeless.
 Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree
13. Some psychotherapies are very effective in helping patients with BPD.

Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree

14. BPD is not a valid diagnosis – BPD symptoms are really due to other disorders.

Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree

15. I would like more training in the management of BPD patients.

Strongly Disagree Disagree Somewhat Disagree Neutral Somewhat Agree Agree Strongly Agree

This survey has been adapted from previous studies.^{1,2}

References:

1. Black DW, Pfohl B, Blum N, McCormick B, Allen J, North CS, et al. Attitudes Toward Borderline Personality Disorder: *A Survey of 706 Mental Health Clinicians*. *CNS Spectr*. 2011 Mar;16(3):67–74.
2. Lanfredi M, Ridolfi ME, Occhialini G, Pedrini L, Ferrari C, Lasalvia A, et al. Attitudes of Mental Health Staff Toward Patients With Borderline Personality Disorder: An Italian Cross-Sectional Multisite Study. *Journal of Personality Disorders*. 2019 Feb 20;1–16.